

**Black Bean Soup** 

## **NGREDIENTS:**

1/3 C Onion, chopped

1 clove Garlic, chopped

Olive Oil

1 (15oz.) can Black Beans

1 tsp Coriander

1/2 tsp Salt

Fresh Cheese, shredded

Fried Tortilla Strips

1 Avocado, sliced

## **DIRECTIONS:**

Sautee onion and garlic in olive oil, until soft. Add beans and heat through. Puree the bean mixture with the coriander and salt.

To serve, sprinkle cheese, fried tortilla strips and 3 slices of avocado in a bowl, then pour in the black bean puree.

