



Roasted Lemon Chicken

INGREDIENTS:

- 1 4 oz Boneless Chicken Breast
- 1 Tbs Lemon Pepper
- 1 Tbs Olive Oil
- 1 Half of Lemon (For Juice & Garnish)

DIRECTIONS:

Heat skillet on medium

Add oil

Coat chicken with lemon pepper

Sear chicken in oil until golden brown on both sides

Remove chicken from pan and transfer to baking sheet

Bake for 15 minutes at 350 degrees

Squeeze juice of a half lemon

Garnish with lemon slices and herbs

Serve over rice

Recipe and photo provided by
Holiday Inn Select Denver-Cherry Creek