

Duo of Ponzu Shrimp and Seared Scallops with Asian Noodles

Serves 4

## **INGREDIENTS:**

2 lb vermicelli noodles ponzu sauce sesame oil

1 each red, yellow & green pepper

1 red onior

1 carrot, julienned

salt and pepper ginger

1 tsp cilantro, chopped

1 tsp lemon juice

16 13/15 shrimps 12 scallops

## **DIRECTIONS:**

Blanche noodles and toss with 1 oz each ponzu sauce and sesame oil. Saute peppers, onion and carrot with salt and pepper and ginger, to taste. Let cool then toss with noodles, cilantro and lemon juice.

Sautee shrimp with ponzu sauce and sesame oil. Sear scallops in sesame oil for color, finish in 350° oven for 10 minutes.

To serve, place 4 oz. of Asian noodle salad on a plate with 3 scallops and 4 shrimp. Drizzle remaining sauce from sautéed shrimp on top. Garnish with lemon and sprouts (optional).

