

## **INGREDIENTS:**

1 lb Fresh Tuna1 Tomato, diced1 Cucumber, diced1 Red Bell Pepper, diced1 bunch Kale Sprouts

## For the vinaigrette:

4 Pcs Litchi, peeled & deseeded 5 Grams Parsley Salt and Pepper 50 mL White Vinegar 10 mL Balsamic Vinegar 25 mL Orange Juice 250 mL Olive Oil

## **DIRECTIONS:**

In a food processor, combine the litchis, parsley, salt and pepper, white vinegar, balsamic vinegar and orange juice. Transfer to a bowl and stir in the olive oil.

Cut the tuna into prism forms and marinate with some of the vinaigrette.

In a hot pan, sear the tuna on each side, then cut into 1/4" slices.

Use the diced vegetables and herbs to decorate and pour some of the vinaigrette on the top. Serves 6.



Pair with a

**Pinot Grigio** 

