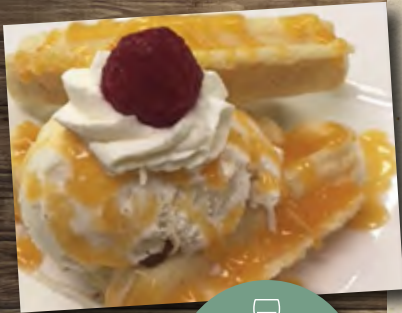


# Rice Flour Waffle with Ice Cream



Pair with  
Muscat Wine

**Serves 8-10**

*Recipe provided by Millennium Harvest House Boulder*

## INGREDIENTS:

1  $\frac{3}{4}$  C Rice flour  
1 Tsp Baking powder  
 $\frac{1}{4}$  Tsp Salt  
2 ea Whole fresh eggs  
 $\frac{1}{2}$  C Canola oil

1 C Applesauce  
 $\frac{1}{4}$  Tsp Almond extract  
1 Tsp Vanilla  
2 C\* Water

## DIRECTIONS:

1. Mix all ingredients in large bowl except for water.
2. Add water slowly until consistency is achieved, using only what you need. \*You may not use all of the water.
3. Bake in a waffle iron according to the directions.
4. Serve with your chosen flavor of ice cream (we suggest coconut macadamia ice cream).

Millennium Harvest  
House Boulder

